



Ready to put on your HuggerPRIMA? It's as easy as 1-2-3-Zip :)

Remember, your body friendly Hugger is a high-tech, versatile compressive post

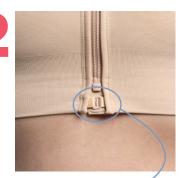
surgical & active recovery bra & binder – you will feel the compression but should

always upsize your garment or add an Extender if you want to moderate the full compression of the Hugger. Another tip: adjust your breast tissue to center mass

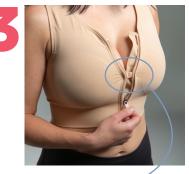


SHOULDER STRAP

Start with the middle adjustment, shorten or lengthen based on what feels right for you. Make sure the bottom band is securely positioned beneath the breast.



G-Hook-Bottom Fasten the bottom G-Hook.

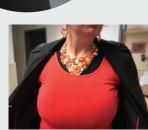


G-Hook-Center Fasten the center G-Hook.



Firmly grip the bottom of your Hugger and then pull the zipper up. Make sure the zipper pull is flat, in the locking position. You did it! The good news is that now you can leave on your Hugger 24/7 for a long time because it is anti-bacterial.





Optional Extender for additional comfort.

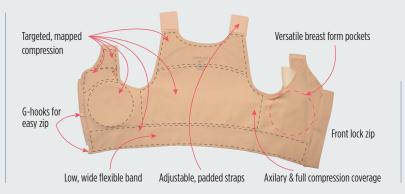


Want to learn more about your Hugger?

Questions? Reach Out: yoursupport@prairie.world







to ensure a comfortable & supportive fit.

Supports Active Recovery and everyday living; hiking, wearing your fave red dress, :) exercise, physical therapy or whatever your day brings feeling confident & secure.