

# FIT CHART



HUGGER PRIMA



HUGGER EXTENDER



HUGGER VIDA

|                           |     | Compression:<br>High to Medium | Great to add more room and moderate the full compression of your HuggerPRIMA | Compression:<br>Medium to Low |
|---------------------------|-----|--------------------------------|--|-------------------------------|
| Body Friendly Hugger Size |     | Fits your band size            | Add to your HuggerPRIMA  | Fits your band size           |
| Small                     | S   | 30 - 32                        | M Extender   | 30 - 32                       |
| Medium                    | M   | 34 - 36                        | M Extender   | 34 - 36                       |
| Large                     | L   | 38 - 40                        | L Extender   | 38 - 40                       |
| XL                        | XL  | 42 - 44                        | L Extender   | 42 - 44                       |
| XXL                       | 2XL | 46 - 48                        | L Extender   | 46 - 48                       |
| XXXL                      | 3XL | 50 - 52                        | 2XL with L Extender  |                               |

### HuggerPRIMA is commonly used for:

- Post-Surgical
- Active Recovery
- Physical Therapy
- Recurring Seroma
- Lymphedema
- High, Mid & Low Impact exercise

### HuggerVIDA is commonly used for:

- Lifestyle, every day wear
- Post-Surgical
- Active Recovery
- Physical Therapy
- Mid to Low impact exercise

### What we have heard from our HuggerPRIMA Wearers:

- Upsize one size for extra comfort
- Upsize one size if you are a D+ cup for less compressive fit
- Great for exercise if you are a D+cup
- Add a HuggerEXTENDER to moderate full compression

### What we have heard from our HuggerVIDA Wearers:

- True to size, even with D+ cup
- Less coverage & compression than HuggerPRIMA
- Comfy – every day go-to bra



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