

# NEARLY ME® Fitting Guide for bra sized breast forms

## Weighted Silicone Forms

Style #230 SO-SOFT® Classic Silicone Breast Form

sizes 32A-42DD

## Post Surgery & Leisure Foam Forms

Style #410 NEARLY ME CASUAL® Classic Foam Form

sizes 32A-42D

Bra Size		Suggested Form Size		
<b>32</b>	<b>A</b>	30A	32A	32B
	<b>B</b>	32B	33A	
	<b>C</b>	32C	33B	34B
	<b>D</b>	33B	34B	34C
<b>34</b>	<b>A</b>	32B	33B	34A
	<b>B</b>	34B	34C	36A
	<b>C</b>	34C	34D	36B
	<b>D</b>	34D	34DD	36C
	<b>DD</b>	34DD	36D	
<b>36</b>	<b>A</b>	34B	34C	36A
	<b>B</b>	36B	36C	
	<b>C</b>	36B	36C	38B
	<b>D</b>	36C	36D	38C
	<b>DD</b>	36DD	38D	38DD

<b>38</b>	<b>A</b>	36B	36C	38A
	<b>B</b>	36C	38B	38C
	<b>C</b>	36D	38C	40B
	<b>D</b>	36DD	38D	40C
	<b>DD</b>	38DD	40DD	
<b>40</b>	<b>A</b>	38A	38B	38C
	<b>B</b>	38B	38C	40B
	<b>C</b>	40B	40C	40D
	<b>D</b>	40D	40DD	42D
	<b>DD</b>	40DD	42D	
<b>42</b>	<b>A</b>	40B		
	<b>B</b>	42B	42C	42D
	<b>C</b>	42B	42C	42D
	<b>D</b>	40DD	42D	42DD
	<b>DD</b>	40DD	42D	42DD

\*Sizes listed smallest to largest in cup width & depth. These recommended sizes are **only** a guideline.

\*Size up or down depending on amount of tissue remaining, type of surgery, remaining natural breast & figure type.

\*If fitting in a pocketed bra, form may need to go one band size (girth) smaller, i.e. 34 to 32.

\*To achieve a fuller size without going into a larger prosthesis, try our Foam Pads (small, medium or large).