**Example**: If your band measures 40 and the cup measures 48 then 48-40=8" Therefore your size is a 40H. If the A & B band measurements don't match, do the math for both and order both sizes to try.

## So now that you've got the right bra for the right curves, let's try it on.

**Step 1:** When trying on a bra always lean forward and place your breasts fully into the cups. Fasten the bra on the middle hook and stand up straight.

**Step 2**: Adjust straps by slipping them off your shoulders so the strap isn't under stress and adjust accordingly, then place the straps back on your shoulders.

**Step 3**: Adjust each bust into the cup and give it a little shake to find the best position. Your bust should feel secure without feeling restricted and your nipple should be placed in the middle of the cup.

Comfortable? Ok, breathe out.

Reminder, it's helpful to order the band size/cup size you measure and one band size smaller /one cup size bigger to see what fits best. If you are a 40H try a 38I.

Cup	1"	2"	3"	4"	5"	6"	7"	8"	9"	10"	11"	12"	13"	14"
Elila	Α	В	С	D	E/DD	F	G	Н	1	J	K	L	М	N

## A few good bras go a long way, Get there!

- One to Wear....sexy, supportive and not too tight
- One to Wash...not too hot, not too cold....just right
- One to Rest...'cuz we all need a little shut eye at night

## About Elila:

Proudly designed by a woman; **Elila** handcrafts each piece of its full figure intimate apparel with top quality, avant-garde materials, while maintaining a distinct focus on added support, firm control, elegant structure, and unique design. Ensuring the wearer feels more confident from the first snap, **Elila** strives to empower women by producing garments with unparalleled engineering to make a difference where it matters. At **Elila**, technology meets knowledge, delivering unexpectedly sexy, supportive, every day (and every-night) styles for the full figure woman, in sizes from 34 – 54 and B – N.

## Be Sexy, Be Comfortable, Be 100% You