



## *Mastectomy Virtual Fitting Guide*

### Be Prepared

- It is important that you log onto zoom at least 10 minutes before you set appointment time.  
This will ensure that Zoom is properly set up on your computer and that you will be ready for your virtual fitting. (Automatic upload)
- Have your tape measurer close by. You may need assistance with the fitting, so make sure to plan ahead for that.
- Read through the fitting guide that we have included. You will have your personal fitter there to guide you through the process.
- Please have any questions you need answered written down prior to your fitting. This will ensure that they get answered by your fitter.

### What you'll need for the fitting.

- Measuring Tape
- Wearing a Bra & Breast form (if you currently have one that you wear)
- Mirror that will allow you to measure easier
- Your measuring guide paperwork and Fitting sheet to write your measurements on. (You can keep this)