

How to Put on Your Juzo Compression Stockings & Socks.

Instructions

For over 100 years, it's been our pleasure to provide compression therapy garments that help manage symptoms without inhibiting a person's lifestyle.



For a healthier,
more active life
...Keep Moving.

For knee-highs:

Turn the upper half of the stocking inside out over the foot portion.
Slip your foot into the stocking. Ease the remaining part of the stocking over the heel.
Use the palm of your hands to massage the stocking up to the knee.
Same for the opposite leg, the stitch rows always run vertically.
NOTE: Never pull at the upper edge of the stocking.

For thigh highs:

Position both stockings below the knee as described above.
Ease the stocking onto the thigh. Work the stocking upwards into place using the palm of your hand until the stocking reaches the groin area.
NOTE: If putting on a thigh-high stocking with silicone border, never pull the stocking up by the silicone border.

For pantyhose:

Follow the directions above. Ease the body part of the pantyhose to your waist. The seams should run vertically up the front of the garment.



WARNING: Folding over silicone border or bunching of fabric while wearing will cause constriction



ALWAYS LEAVE THE BORDER UP!

Always use Juzo latex free donning gloves when applying compression garments.

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